



Wandering Spirit Beads

2009 Design Catalog

Star Dancing Enchantments, P.O. Box 618, Port Orchard, WA 98366-0618, www.stardancing.net

Wandering Spirit?

As we wander through this world, our busy lives can take us down some fairly chaotic roads filled with stress, insecurity or pain. Thankfully, most of us find a few side streets where we find joy and peace, and we are privileged to spend more time on those side streets than on the hectic thoroughfares.

Whenever we find ourselves on a path of uncertainty, however, we reflect on what brought us there and we wonder what we could have done differently or what we can do going forward to change our situations.

Some people are fortunate enough to wander this world without being lost at all. Some of them occasionally wander through the otherworldly realm of existence called the astral plane, where their issues are met with help from an animal totem, a spirit guide, or a deity.

“Not all those who wander are lost.” – J.R.R.Tolkien

How can we change our path, find a more pleasant path, or know whether we're on the right path? Many people find the answers to these questions in prayer and/or meditation.

Meditation and Prayer Beads

Used in regular meditation, a simple string of beads becomes a strong and effective tool for self-affirmation and manifestation of specific goals, especially when combined with a firm belief in the power of prayer and mantras. Most of the world's religions advocate prayer of some sort and have a long history of praying with beads, a spiritual practice that forges a strong connection with the universe and with the divine. In fact, a resurgence of interest in this ancient practice has spawned the introduction of prayer beads on numerous websites on the Internet.

Many of the meditation and prayer beads found on the web today use a variety of beads arranged in an equally varying number of styles, with costs that range from reasonably affordable to outrageously expensive. Most of the sites describe the composition of the designs and some offer information about the properties of the stones used. Few offer guidance for using the prayer beads.

So how do we use the tools we purchase off the Internet? What makes one better or more useful than the other? Who will show us the way?

Wandering Spirit Beads

Wandering Spirit Beads offers instructional workshops so that you can create your own meditation and prayer beads. The metaphysical and healing properties of the stones aid in meditation practices and help facilitate the manifestation of a particular goal by using those energies. Making your own strand of beads promotes a higher degree of attention to the purpose of the meditation tool while creating it, which puts your own energy into the finished product. This makes the strand of beads truly unique and much more potent than one purchased ready-made; however, Wandering Spirit Beads also offers a variety of ready-made strands of beads that are available online, at local workshops, and at local festivals and craft fairs. Check the website for details: www.stardancing.net.

Workshops

All supplies for making meditation and prayer beads are included in the cost of attending a workshop. Once an RSVP is made and a workshop is scheduled, Wandering Spirit Beads will offer guidance in the selection of materials by helping attendees understand the energy of the various stones in relation to a specific goal. Participants can expect to create their own design or follow a formulated pattern and use their new beads in a guided meditation prior to the conclusion of the workshop.

Workshop content may vary depending on the participants, but the basic instruction includes:

- Background on using beads as a tool for meditation and/or prayer
- Choosing the appropriate semi-precious gemstone energy for desired goal(s)
- Choosing a design based on preferences and desired goal(s)
- Creating and working within sacred space
- Using beads in guided meditations and for solitary meditation and/or prayer
- Making meditation beads from bead kits
- Choosing an appropriate ready-made strand of beads

Bead Kits Available

Wandering Spirit Beads also sells bead kits with complete instructions for assembly and care of the beads for people who are unable to attend a workshop or who prefer to create their meditation and prayer beads in the privacy of their own homes.

A list of gemstone properties is provided prior to selection of products. Beads can be selected from a regular inventory of semi-precious gemstones or wooden, glass, or ceramic beads. Special requests can be made for any bead not typically held in inventory. When beads are special ordered, the requestor will be notified by email when the order has been fulfilled and a date for the workshop will then be scheduled after the supplies have been received.

- Custom bead kits include everything necessary to create one strand of meditation/prayer beads and will be packaged upon selection of design and components following payment
- Pre-packaged bead kits can be purchased at workshops, online, and at fairs
- A limited number of pre-packaged bead kits may be available; however, bead kits can be ordered at any time with a typical delivery of approximately 10 business days following receipt of payment for the order

Ready-Made Beads Available

In addition, Wandering Spirit Beads offers a variety of ready-made meditation/prayer beads at reasonable prices (designs and components will vary), such as:

- Traditional malas
- Journey beads
- Meditation beads
- Celtic prayer beads
- Pagan prayer beads
- Christian prayer beads
- Rosaries

Check the website for the availability of bead kits and ready-made designs: www.stardancing.net. If you don't find what you're looking for on the website or you want to schedule a workshop (registration form is at the end of the catalog), please send an email to wanderingspirit@stardancing.net. Workshops usually require at least four people in attendance; however, exceptions can be made.

Whether your wanderings take you to the astral plane, deep within, or just across town, Wandering Spirit Beads wants your journey to be safe and memorable.

Happy Wanderings!

Selecting Your Design

Make your meditation/prayer bead selection from the designs listed on the following pages. Different stones may be substituted for the ones shown. See the list for the healing and metaphysical properties of each gemstone and the meanings of various symbols as a guide for selecting the gemstones for your meditation/prayer beads.

For workshops, please allow at least two weeks to order supplies if a particular gemstone is out of stock. Not all of the designs shown below are available ready-made. Online ordering is currently not available. If you have questions, would like to place an order or host a workshop, please send an email to: wanderingspirit@stardancing.net.

Pricing

Workshops

A \$20 per person fee is paid at the time of registration either by the individual or by a workshop sponsor. 50% of this fee is **non-refundable** to cover the cost of materials, packaging efforts and scheduling issues.

Deposits

A 30% deposit for bead kits intended for workshops is required at the time of registration. This fee, along with 50% of the registration fee, is **non-refundable** in the event of a cancellation. If a workshop is rescheduled, all deposits will be applied to the new date and time.

Bead Kits

The cost of bead kits vary based on gemstones and designs selected due to the number of beads and components required. Pre-packaged kits will be priced accordingly. Custom kits and special orders will require an estimate prior to purchase. Deposits apply as listed above for kits intended for workshops. Customers who wish to incorporate one of their own pendants into an open Celtic design will receive a 20% discount off their subtotal.

Online Purchases

The full price for bead kits purchased online from a regular stock are completely refundable as long as the order is cancelled prior to shipment. After shipment, all sales are final. *Online ordering is currently unavailable.*

Special orders

Kits requiring beads or components that are not normally held in regular inventory, whether purchased online or requested for a workshop, are **non-refundable**. Estimates will be provided. Request may be cancelled and the full price can be refunded as long as the request is made prior to placing the order with suppliers. Once the order has been placed with suppliers, all sales are final.

Ready-made Items

All meditation and prayer beads that are ready to use are priced based on the type and quantity of gemstones and components used in the design. Since each item is unique, the materials, color, size, and quality of each strand will vary. Ready-made meditation and prayer beads may be purchased online, at workshops, or at local events.

Handling Fee

A \$5 handling fee is applied to all online orders for bead kits and ready-made products to cover packing and shipping. Expedited shipping is available (rates will vary depending on shipping location). Additional shipping charges may apply for orders mailed outside the continental United States. *Online ordering is currently unavailable.*

Returns

All sales are final. Returns will only be accepted to correct shipping errors, such as wrong item shipped. Copies of receipts must accompany any such return. Shipping costs will not be reimbursed; however, depending on the situation, other arrangements can be made to provide 100% satisfaction, such as discounts on future orders or free gift with replacement order.

Workshop Registration

Complete the registration form at the end of the catalog and mail to the address below:

Star Dancing Enchantments
WSB Registration
P.O. Box 618
Port Orchard, WA 98366-0618

Include a check for the registration fee (\$20 per person) to secure your time and date. If designs, gemstones, and components have already been selected and priced, include the 30% product deposit with your payment. Further payment instructions will be communicated via email.

Workshops are normally scheduled at least three weeks prior to the date of the workshop. This allows time for selecting designs and gemstones, and to ensure availability of product. Upon receipt of the deposit, beads and components will be ordered.

Cancellations

In the event of a cancellation, 50% of this fee is **non-refundable** to cover the cost of materials, packaging efforts and scheduling issues. It is fully refundable if the instructor must cancel the workshop, or it will be applied to a workshop rescheduled for a later date.

Notice of cancellation must be received at least 48 hours in advance of the scheduled time and date via email:
wanderingspirit@stardancing.net.

Ordering Information

To place an order for a specific design, send an email request to wanderingspirit@stardancing.net.

Although online ordering is currently not available on the website, orders can be placed via email. Include the design type, your gemstone and component selections, as well as a phone number where you can be reached. Your response will include the cost of the completed item or bead kit, a \$5.00 fee for shipping and handling. Upon receipt of payment, the order will be shipped. PayPal is currently not available as a payment option. Further payment instructions will be communicated via email.

Mail check or money order to:

Star Dancing Enchantments
WSB Orders
P.O. Box 618
Port Orchard, WA 98366-0618

All orders will be shipped via US Postal Service within the US only at this time.

Frequently Asked Questions

Why should I meditate?

Meditation allows us to slow our minds and slip into a state of deep relaxation, refreshing our bodies, minds, and spirits. Taking time to meditate on a regular basis can help bring some balance into our hectic lifestyles. It provides the means for sifting through the noise of the busy world around us to profoundly contemplate and reflect on the things that are important to us. A proper diet, regular exercise, and a good night sleep helps keep your body fit. Adding regular meditation to your fitness routine not only enhances your body care, but provides the means to help keep your mind and spirit fit as well.

What is the difference between meditation and prayer?

Prayer involves the communication between self and a higher power. Reasons for praying vary from worshipping a deity to requesting help or guidance to confessing transgressions. Sometimes we pray simply to express our gratitude or convey our thoughts and emotions. While meditation is not required to pray, the power of a prayer can be dramatically enhanced while in a meditative state.

What sort of things can meditation help me achieve?

Meditation can help you achieve a variety of goals from simple relaxation to discovering your life's purpose. While the act of meditation itself will not achieve a specific goal, it provides a tranquil situation where your rested mind can freely ponder ideas or actions that may have otherwise eluded your conscious thought.

Why use beads to meditate or pray?

Wearing or holding a strand of beads provides focus during meditation or prayer. Combined with the user's intention, the metaphysical and healing properties of the gemstones can help manifest a desired goal, in addition to reducing stress and producing clarity of vision while in a deep state of meditation.

Why make my own meditation beads?

The act of stringing the beads and knotting between the beads promotes a higher degree of attention to the purpose of the meditation tool while creating it, putting your own energy into the finished product. This makes the strand of beads truly unique and much more potent than one purchased ready-made.

Why should I create sacred space before I make my meditation beads?

Working in sacred space can simply mean that you clear your mind of outside issues prior to starting. Thoughts of children's schedules, the bills you still have to pay, what you'd like to have for dinner, what's waiting for you at work tomorrow, the disagreement you had with someone earlier, etc., are all distractions. They prevent you from focusing the proper energy into your project. If your goal is to place a specific energy into your beads as you string them, the energy of these other issues will find their way into your project if you don't take proper care to tune them out. Creating sacred space allows you to prepare your mind, body, and spirit for the task of creating your beads and then using them. Wandering Spirit Beads teaches basic methods for creating sacred space and all workshops are conducted within sacred space. Your own practices may vary based on your interpretation and beliefs.

Why use semi-precious gemstones?

Each stone possess its own unique metaphysical energy. To achieve the optimum results, one should employ a tool that can provide assistance in the specific areas of interest. For example, to meditate on healing a relationship, use a tool made of rose quartz, the stone of universal love. To focus on spending time between the worlds to connect with your animal totem, choose something made of leopardskin jasper.

How do I take care of my meditation beads?

Each bead kit comes with instructions for assembly and care. Typically, stones should just be wiped clean with a soft cloth. If grime builds up between the beads, a very soft toothbrush can be used to clean them (preferably one you are no longer using on your teeth). Silver components may require some occasional polishing with a special tarnish removing cloth. The more silver is handled, however, the less it will tarnish.

Can I just use someone else's meditation beads?

Using someone else's meditation beads is not recommended. Due to the intimate relationship between the meditation beads and the user, it is important to think of the strand of beads as a personal tool. Your energy is absorbed by the beads whenever you use them, so the beads become more effective each time they are used. Therefore, you should handle only your own beads so that your energy doesn't interfere with someone else's work and vice versa.

Can I have more than one meditation tool?

Definitely! Since we meditate for a variety of reasons, we should have a variety of tools at our disposal. Just as a hammer performs a different function than a screwdriver, meditation beads made of picture jasper, for example, works differently than one made of malachite – picture jasper facilitates clear visions and the ability to see the bigger picture, while malachite works on transformation. Use the appropriate tool for each situation.

Can't I just have one meditation tool with a variety of beads?

Yes, but including a multitude of purposes in one tool diminishes its effectiveness. You can create a general tool to use for good luck, self-confidence, prosperity, abundance, unconditional love, healthy relationships, spiritual enlightenment, etc., but that one-size-fits-all approach typically isn't as effective.

However, creating an appropriate combination for one strand of beads can help you focus on the various aspects of a single goal. For example, if you'd like to focus on enjoying your job more, you might select a variety of stones whose energy will work together to facilitate healthy relationships, good fortune, self-confidence and career success. This strand of beads would be used for promoting your career, but may not be effective for other goals, such as meeting your spirit guides on the astral plane. Therefore, it's recommended that an appropriate tool be created for each situation.

Do I have to say a specific prayer or mantra when I meditate?

No. Although some religious practices designate specific prayers or mantras to recite silently while in meditation, some don't require you to say anything at all. You choose how you wish to use the meditation beads based on what works best for you and what makes you feel most comfortable.

Do I even have to pray at all?

No. The beads are designed to assist in bringing about a sharper concentration, no matter what the purpose of your meditation. Sometimes the purpose of meditation is simply to relax.

What if I want to pray while using the beads? Is that okay?

Yes, definitely. Prayer is a natural way to ask a higher power for help or guidance. Most people do this whether they call it "prayer" or something else.

Does Wandering Spirit Beads advocate a particular religious practice?

No. Everyone has their own beliefs and practices. Wandering Spirit Beads respects and encourages this. If you have specific concerns or spiritual/religious requirements, please make note of them prior to workshop participation and every effort will be made to accommodate your needs and preferences.

How do I register for a workshop?

Check the website for a list of available workshops and follow the directions for registration: www.stardancing.net.

What if there are no workshops scheduled?

Send an email to wanderingspirit@stardancing.net and request information about scheduling a workshop. A minimum of four attendees is required for scheduling a workshop, so gather up some friends or put your name on a waiting list. In some instances, an exception may be made for scheduling a workshop with less people.

What if I have questions after the workshop?

Send your questions via email to wanderspirit@stardancing.net and allow up to 48 hours for a response.

Can I still ask questions if I didn't attend a workshop?

Definitely!

Basic Prayer Bead Designs

Meditation Beads

These designs rely primarily on a specific goal or intention, so the types of gemstones used will vary greatly. See the section on gemstone properties to make your bead selection(s). There are three basic patterns of meditation beads:

- **Small Strand** – 27 beads, consisting of 3 sets of 9 beads (8mm-10mm round), and 3 separator beads (10mm-12mm) with an optional accent bead on either side of the separator beads (4mm-6mm). The strand comes together with a guru bead or one larger terminator bead (10mm-12mm). The end is finished off with a tassel, or a beaded tassel, or a combination of the two.
- **Medium Strand** – 54 beads, consisting of 6 sets of 9 beads (8mm-10mm round), and 7 separator beads (10mm-12mm) with an optional accent bead on either side of the separator beads (4mm-6mm). The strand comes together with a guru bead or one larger terminator bead (10mm-12mm). The end can be finished off with a beaded tassel, a flat gemstone drop, or a combination of the two.
- **Long Strand** – 108 beads, consisting of 12 sets of 9 beads (6mm-8mm round), and 14 separator beads (8mm-10mm) with an optional accent bead on either side of the separator beads (4mm-6mm). The strand comes together with a guru bead or one larger terminator bead (10mm-12mm). The end can be finished off with a beaded tassel, a flat gemstone drop, or a combination of the two. Note: Using beads larger than 8mm for this design creates an extremely long strand of beads.

Samples of Meditation Beads:



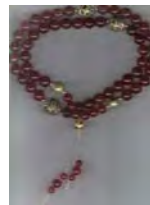
#34



#35



#36



#37



#38



#39



#40



#41



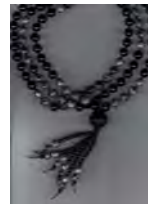
#42



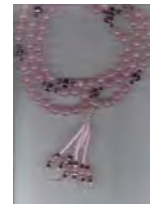
#43



#44



#45



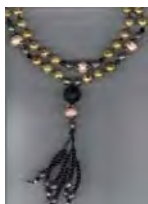
#46



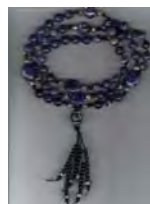
#47



#48



#49



#50



#51



#52



#53



#71

Traditional Malas

Malas are typically made of natural materials such as sacred wood, seeds, bone or semi-precious gemstones, and can be draped around the neck or wrapped around the wrist. They consist of 108 continuously strung, single type beads (6mm-8mm round) that come together with a guru bead or one larger terminator bead (10mm-12mm). There are no tied knots between the beads. The end is finished off with a tassel.

Journey Beads

A variation of the traditional mala divides the 108 beads into 4 sections of 27 beads, with 3 separator beads (8mm-10mm) and an optional accent bead on either side of the separator beads (4mm-6mm). The beads are separated with tied knots, just like the other prayer bead designs. The end is finished off with a tassel or a beaded tassel or a combination of the two.

Samples of Malas and Journey Beads:



#27



#28



#29



#30



#31



#32



#33

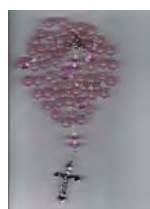
Rosaries

Rosaries consist of fifty beads in five groups of ten, divided by a separator bead of different size, shape or texture. A connector brings the five sections together to a single strand with five beads and a crucifix at the end. The beads are connected with wire links rather than knotted cord, and typically take twice as much time to make. A novice should allow for at least 2-3 hours to complete this project. It may be started in a workshop, but will likely need to be finished at home.

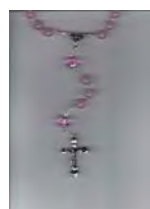
Samples of Rosaries:



6mm Black Onyx



8mm Rose Quartz



Christian Prayer Beads

Similar in design to the meditation beads, these typically contain a crucifix or another religious symbol instead of a tassel at the end. It may include the same number and arrangement of beads as the rosaries or use a journey bead arrangement. Designs will vary based on individual desires.

Open Celtic Prayer Beads

This design consists of a single continuous strand of beads, which are divided into four sections, with a pendant drop on one side and a tassel on the other. It consists of either 24 beads (4 sets of 6 beads) or 36 beads (4 sets of 9 beads), with three separator beads (between the four sections), and two accent beads at either end. 8mm round beads are recommended for the 24-bead strands, and 10mm round beads are recommended for the 26-bead strands.

The four sections typically use gemstones that represent the four major directions:

- **North** – Represents the element of earth and the season of winter. Typical colors are green, brown, and black. Some of the stones used for north include: moss agate, tree agate, amber, green calcite, brown jasper, green jasper, and malachite.
- **East** – Represents the element of air and the season of spring. Typical colors are yellow, gold, and white. Some of the stones used for east include: yellow aventurine, white and clear fluorite, amethyst
- **South** – Represents the element of fire and the season of summer. Typical colors are red, orange, and gold. Some of the stones used for south include: amber, orange calcite, carnelian, garnet, red jasper.
- **West** – Represents the element of water and the season of autumn. Typical colors are blue, light grey, sea green, white, and silver. Some of the stones used for west include: blue calcite, lapis lazuli, moonstone, and sodalite.

The designs may vary by using all of the same stones in the four sections, rather than four different gemstones. Another variation separates the 36 beads (8mm) into only 3 sections which represent the triple aspect of the goddess:

- **Maiden** – In the waxing moon phase, the maiden’s innocence is represented by white stones, like howlite.
- **Mother** – In the full moon phase, the mother’s creativity and fertility is represented by red stones, like carnelian.
- **Crone** – In the waning moon phase, the crone’s wisdom is represented by black stones, like black onyx.

The gemstones used in the tassel typically represents the “element” of spirit, which can be symbolized with a white gemstone, such as howlite or moonstone. In the goddess variation described above (#61), the all three colors of red, white, and black are used in the tassel.

Samples of Open Celtic Prayer Beads:



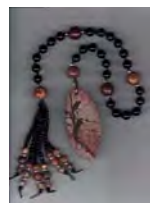
#15



#16



#17



#18



#19



#20



#21



#23



#24



#54



#55



#56



#57



#61



#62



#63



#64



#65



#70



#72



#73

Components

The open Celtic prayer beads contains a pendant on one end. In place of a pendant, a larger gemstone drop, top-drilled, may be used. Most of the pendants pictured below are approximately 1" in length or diameter. To check availability of any of these pendants, please send an email to: wanderingspirit@stardancing.net.

Customers wishing to incorporate one of their own pendants into an open Celtic design will receive a 20% discount off their subtotal.

Pewter pendants:



Triple Spiral



Celtic Sun



Celtic Star



Celtic Teardrop



Hinged Prayer Box



Eagle



Wolf



Owl



Spider



Dragon



Horse



Tree of Life



Tree and Moon



Pentacle



Goddess

Rosary and Christian prayer bead components:



Christian Fish Symbol



Sterling Crucifix



Pewter Crucifix



Virgin Mary Center (open)



Virgin Mary Center

Gemstones – Metaphysical and Healing Properties

The following gemstones are favored in prayer bead designs and are typically stocked in inventory; however, certain beads may be unavailable at the time of a particular work shop. Special orders can be made up to two weeks prior to a workshop and upon payment of the required deposits. To check availability of a particular gemstone bead, send an email to wanderingspirit@stardancing.net.

Use this list of gemstone properties as a guide when selecting which beads to use in the composition of prayer beads, depending on the desired use and personal goals. Please keep in mind that the energy of the gemstones is not intended to replace the advice or help of a licensed medical practitioner. For health issues, please consult a doctor.

Agate (General, All Types)

Protection, grounding, courage, strength, emotional healing, and harmony. Dispels fears and increases self-confidence. Stimulates intellect and enhances creativity. Assists with issues regarding teeth and gums.

Agate, Botswana

“Change Stone.” Assists in making transitions less painful. Promotes focus on a solution rather than dwelling on the problem, by increasing creativity and intuition. Helps one achieve and cope with success. Relieves grief and depression.

Agate, Flower

Protection, Strength, Harmony.

Agate, Moss

“Gardener’s Stone.” Abundance, success, prosperity, self-confidence, self-esteem, and protection. Associated with the heart chakra.

Agate, Tree

Introspection and self-discovery. Broadens perspective of the world. Relieves tension. Promotes bountiful crops.

Amber

Patience, protection, psychic shielding, romantic love, sensuality, purification, balance, past life work, healing and calmness. Manifests desires. Enhances clear thinking. Associated with the solar plexus and often the sacral chakra. (*Special order item only.*)

Amethyst

“Sobriety Stone.” Assists in healing compulsive behaviors and addictions. Stability, peace, calm, balance, courage and inner strength. Protection against psychic attacks. Opens spiritual communication, telepathy, and other psychic abilities. Excellent for meditation, past life and dream work. Eases grief and promotes happiness. Beneficial in legal and financial issues, leading to prosperity and abundance. Associated with the crown chakra. (*Special order item only.*)

Aventurine, Green

Creativity, imagination, mental clarity, prosperity, career success, balance, inner strength, and friendship. Reveals alternatives and potential. Associated with the heart chakra.

Aventurine, Yellow

Prosperity, communication, self-expression, happiness, and optimism. Energetically warm to the touch.

Calcite, Red or Orange

Rejuvenation, strength, protection, love. Releases negative energy. Centers and grounds energy. Reduces stress and soothes imbalances. Associated with the astrological sign of Gemini. Vibrates to the number 5.

Carnelian

“Actor’s Stone.” Creativity, manifestation, motivation, passion, individuality, courage, confidence, strength, and protection. Focuses desire with purpose. Helps find the right mate. Improves memory, including past life memories. Relieves anger, jealousy, fear and sorrow. Associated with the root and sacral chakras.

Citrine

Problem-solving, abundance, confidence, self-esteem, optimism, and releasing the past. Dissolves negative energy. (*Special order item only.*)

Garnet

Romantic love, passion, sensuality, sexuality, and intimacy. Manifestation, career success, self-confidence, protection, spiritual healing. Associated with the root chakra.

Howlite

Creativity, self-awareness, astral journeying, past life work, spiritual communication, clear emotional expression, tact, decency, and character-building.

Jasper (General, All Types)

“Nurturing Stone.” Relaxation, tranquility, comfort, healing, protection, and astral travel.

Jasper, Autumn

Relaxation and tranquility.

Jasper, Brecciated (aka Poppy Jasper)

Organizational abilities, protection, happiness, optimism, grounding, relaxation, balance, sense of wholeness, and chakra alignment. Attunement and communication with animals. Associated with the root chakra.

Jasper, Fancy

A projection stone. Communication, protection, and well-being. Releases obsession and brings extreme male energies into balance. Associated with the element of air and the planet Mercury.

Jasper, Picture

Harmony, proportion, creative visualization, positive business pursuits, emotional and psychological healing. Reveals the big picture, showing hidden messages from the past or buried thoughts, fear, and hopes.

Jasper, Leopard Skin

“Stone of Shamanic Journeying.” Creative visualization, protection during shamanic journeying, discovery and connection with animal totems or power animals. Associated primarily with the root chakra.

Jasper, Ocean

Emotional healing, peace of mind, self love, patience, connection with nature and cyclical patterns, meditation, “evil eye” protection, and acceptance of responsibility.

Jasper, Red

“Stone of Fairness and Justice.” Integrity, stability, survival, protection, passion, balance, mystical dream work, and dream recall. Enhances responsibility, choice, and compassion. Associated with the first and second chakras.

Jasper, Yellow

“Supreme Nurturer.” Grounding, chakra alignment, aura stabilizing, cleansing, travel protection, and safety in astral travels. Wards off negativity and dysfunctional energy.

Jet

“Black Amber.” Sympathy, psychic experiences, tranquility, and healing of grief. Powerful protection. Wards off evil, negativity, and psychic attacks. Protects finances.

Kyanite

Channeling, instant meditation, altered states, vivid dreams, dream recall, and visualizations. Offers protection during these states of being. Chakra balancing and alignment, removal of energy blockages. Green kyanite balances the heart chakra. Blue kyanite is associated with the throat chakra and boosts meditation. (*Special order item only.*)

Labradorite

“Stone of Transformation.” Clarity, success, dream recall, intuition, psychic development, arcane wisdom, subconscious issues, insight into destiny, and stress reducing. Clears, balances, and protects the aura. (*Special order item only.*)

Lapis Lazuli

Honesty, openness, strength, organization, intuition, creativity, manifestation, self-confidence, awareness, spiritual connection and evolution, contacting guardian spirits, spiritual love, fidelity, and communication. Offers protection against physical and psychic attacks.

Malachite

“Transformation Stone.” Change and spiritual evolution, good fortune, prosperity, abundance, and emotional stability. Very protective, especially from evil, while flying, during other travel, during childbirth. Counteracts self-destructive romantic tendencies. Balances pure love and well-being. Clears, activates, and balances all chakras, particularly the heart chakra. Associated with the astrological signs of Capricorn and Scorpio. Vibrates to the number 9. (*Special order item only.*)

Moonstone

“Traveler’s Stone.” Reflection, tranquility, creativity, intuition, psychic perception, wishes, purity, sincerity, and truth. Feminine wisdom, goddess energy of the waxing and full moon. A talisman of good fortune and a favorite among witches. Protection, especially during childbirth, pregnancy, and travel at sea. Associated with the heart chakra. Astrological sign of Cancer, Libra and Scorpio. Vibrates to the number 4. (*Special order item only.*)

Obsidian, Snowflake

Serenity, purity, shielding, centering, banishing grief, sound decision-making, happiness, and good fortune. Gently brings things to the surface, aids in seeing and recreating patterns, and provides balance during times of change. Vibrates to the number 8.

Onyx, Black

Grounding, stamina, self-control, protection, controlling or eliminating excess or unwanted energy, conservation of personal energy. Associated with the root chakra.

Quartz, Rose

“Love Stone.” Unconditional and universal love (self-love, family love, platonic love, and romantic love), gentleness, forgiveness, compassion, kindness and tolerance. Offers protection during pregnancy and childbirth, and is helpful in weight loss. Associated with the heart chakra.

Quartz, Rutilated

Spiritual growth, transitions, regeneration, shielding, mental and physical stability, self-reliance, and courage. Associated with the solar plexus chakra. Vibrates to the number 6, in regards to service, devotion, appreciation of beauty, truthfulness, and social awareness.

Quartz, Strawberry

Guidance, love, emotional strength, tranquility, connection with the universe, stimulates astral body and psychic systems. Vibrates to the number 1. (*Special order item only.*)

Rhodochrosite

Love, relationships, peace, tranquility, soul mate attraction, and connection with twin soul during meditation. Balances and aligns physical, emotional, and spiritual bodies. Vibrates to the number 4. (*Special order item only.*)

Serpentine

Emotional cleansing, psychic powers, meditation, love, money, protection against snakebites. Associated primarily with the heart chakra.

Silver

Mirror for the soul, improves eloquent speech. Strengthens the connection between astral and physical bodies, and enhances intuitive and psychic energies. Attracts, enhances and stores the energies of gemstones. Related to the moon and moon energies.

Sodalite

Stone of truth, logic, rationality, intelligence, learning, honest communication, and efficiency. It unites the logical with the spiritual. Associated with the throat and brow chakras.

Sunstone

Focus, power, leadership, independence, originality, good fortune, inner peace and strength, anti-depressant, stimulates self-healing powers. Dispels fear and stress and increases vitality. Vibrates to the number 1. Associated with the astrological signs of Libra and Leo. (*Special order item only.*)

Unakite

Gardening; protection; healing of abandonment and separation issues; unconditional love of humanity, connection and reunion. Gentle, but powerful energy. Assists in finding one's animal guide. Helpful for pregnancy and childbirth.

Tiger's Eye, Golden

Protection, grounding, integrity, willpower, practicality, good fortune, and prosperity. Helps to see clearly without illusion. Boosts the solar plexus chakra and personal power.

Tigers Eye, Red

Integrity, grounding, practicality, and willpower. Helps with the correct use of power for survival in difficult times.

Properties of Other Beads

Some of the prayer bead designs include other types of beads. It is important to understand the symbolism behind these items to properly use them in conjunction with the gemstone properties and particular goals or intentions. To check availability of a particular bead, send an email to wanderingspirit@stardancing.net.

Ceramic Beads – Creativity and inspiration.

Much like how the Earth was formed, ceramic beads are created by the action of heat and subsequent cooling. The ceramic beads resonate with the energy of creation and the desire to be creative. Each bead begins as a blank canvas and ends as a masterpiece of unique design.

Wooden Beads – Growth, strength, flexibility, and new beginnings.

Wood Energy represents growth, development, and planning; Wood as an element is considered important because it is both strong and bendable it symbolizes anger as well as depression. It's said to come from the eastern direction. Wood regenerates each spring when the trees and plants send out new growth. It's associated with blue-green color spectrum and the columnar shape.

Wood is also associated with beginning of new life. Think of the plants and trees that have vibrant green shoots and buds at the beginning of their new cycle. The earth is literally waking up. Living plants and trees are wonderful examples of wood Chi. Obviously, they are made from wood, but they also are alive. Their life force adds to any other force in the room, including your own. Large and small plants also absorb Chi and help to redirect it.

Bone Beads – Foundation and strength. Mental and physical energy, and past life regressions.

Bone increases mental and physical energy. It is particularly useful in solving depression, calming fears, and helps wearer to find their true, real love. Calms anxiety and basic fears about survival. Can also be used for past life regressions, because of its inherent link with the past. Is thought to be helpful with the physical healing of paralysis, and hearing. Aids memory and physical energy.

Symbolism of Other Components

Some of the prayer bead designs incorporate charms or pendants. It is important to understand the symbolism behind these items to properly use them in conjunction with the gemstone properties and particular goals or intentions. Please note that the items pictured below are for reference purposes only. The designs on actual charms or pendants will vary. To check availability of a particular pendant or accent bead design, send an email to wanderingspirit@stardancing.net.



The Spiral

One of the most ancient symbols, the spiral represents balance, progress, direction, initiation, centering, expanding, awareness, connection, journeying, and development.



The Circle

The circle represents infinity, unity, wholeness, cycles, initiation, perfection, focus, protection, and the womb.



The Celtic Dara Knot

Also referred to as endless knots because they have no beginning and no ending, which reminds us of the timeless nature of our spirits. Can represent longevity, eternity, or an uninterrupted life cycle. “Dara” from “doire” meaning “oak tree” (Irish), represents the intricate root system of the sacred oak, which in turn represents power, destiny, wisdom, strength, endurance, and leadership.



The Triquetra (or Trinity Knot)

Like the Triskele, this Celtic symbol has a myriad of threefold meanings. The Triquetra is often encircled, signifying the infinite and eternity. The circle itself, when drawn around another symbol, represents protection and an unbreakable spiritual unity with the divine.



Triskele (or Triskelion)

Ancient Celtic symbol representing motion (actions, cycles, progress, revolution) and varying threefold significance, including: Maiden, Mother and Crone; Spirit, Mind and Body; Past, Present and Future; Birth, Death and Rebirth; Father, Son and Holy Ghost. It may also represent the three Celtic Worlds: the Otherworld, the Mortal World, and the Celestial World. The sum of this symbol represents personal growth, human development, and spiritual expansion.



The Celtic Tree of Life

The branches reach high into the sky and the roots dig deep into the earth, symbolizing the interwoven cosmos where all things are connected. The ancient Celts believed that trees were sacred and were a great source of wisdom, bridging the upper and lower worlds, and revealing divine messages. The most sacred was the oak tree, which was believed to be the passageway to the Otherworld. The Tree of Life represents wisdom, spirituality, creativity, balance, abundance, connection, and seasonal cycles.

Moon

The moon is associated with transitions, stages and development, the feminine wisdom or goddess energy of the waxing and full moon. It represents reflection, tranquility, creativity, intuition, psychic perception, wishes, purity, sincerity, and truth.

Stars

Stars are often associated with guidance, as in celestial maps, guiding lights, the northern star, etc. They represent hopes and dreams, wishes, and connection with the divine for the attainment of a higher level of consciousness. The five points of the star symbolize a unity of earth, air, fire, water, and spirit.

Sun

An emblem of glory and brilliance, the sun is a symbol of authority. It represents happiness, life, strength, energy, cosmic power, clarity, self, and spirituality. As the rising sun, it represents hope and optimism.

Animal Totems

The Celtic style open prayer beads typically display a pendant drop on one of the ends and a three-string tassel on the other. Some of the options for pendants include animal totems. Below are some of the typical symbols incorporated into the designs. To check availability of a particular pendant design, send an email to wanderingspirit@stardancing.net.

Bear

Although the bear was native to the Isles, it is now extinct there. Evidence of its being a totem animal is found in many Celtic designs; although it's not mentioned in legends. The bear was noted for its strength and stamina. It can help you find balance and harmony in your life, and the strength to do what is necessary.

Crane

The crane, with its colors of black, white, and red, is a moon bird, sacred to the triple goddess, magic, shamanic travel, learning and keeping secrets, reaching deeper mysteries and truths.

Crow

Along with the raven, the crow is a symbol of conflict and death. Although the crow is ill-omened, it's also considered to be skillful, cunning, single-minded, and a bringer of knowledge. It's of value when trickery is needed. It also teaches you to learn from the past, but not hold onto it.

Butterfly

Many cultures believe that butterflies are the souls of the dead and the keepers of power. Butterflies represent transition and encourages freedom from self-imposed restrictions.

Dragon

One of the most powerful totems, the dragon is the ultimate ruler of the elements, representing primordial power. They serve as guardians and guides, bringing strength, courage, and fortitude. They are messengers of balance and magic.

Eagle

A bird noted for wisdom and long life in Celtic stories, the eagle represents swiftness, strength, keen sight, and the knowledge of magic. Eagles help to uncover hidden spiritual truths.

Owl

Most often associated with the Crone aspect of the Goddess, the owl represents wisdom. As a swift and silent hunter, the owl helps pull the mask off those who would deceive you.

Raven

An important totem animal of the Celts, the raven was associated with battlefields and goddesses such as the Morrigan. Connected to Bran the Blessed (in Welsh *bran* means "raven"), the raven is an oracular bird, often representing the traumatic events necessary for something new to be created.

Turtle

The turtle is a slow-moving, methodical creature, carrying its protection constantly with it. It teaches grounding and the wisdom of flowing with the cycles of life.

Wolf

Cunning and intelligent, capable of out-thinking hunters, the wolf teaches how to read the signs of nature, invisibly avert danger, outwit those who wish you harm, and fight when necessary.

Wandering Spirit Beads

P.O. Box 618, Port Orchard, WA 98366-0618, www.stardancing.net

Workshop Registration Form

Last Name: _____ First Name: _____

Mailing Address: Street: _____ Apt # or PO Box _____

City: _____ State: _____ Zip Code: _____

Message Phone: (____) ____ - _____ Alternate Phone: (____) ____ - _____ Best time to call: _____

Email Address (optional) _____

(Your information and your guests' information will never be shared, given, sold, etc., to anyone without your written permission.)

Are you registering for a scheduled workshop? YES or NO (circle one) If YES, enter course code: _____

If you'd like to request a new workshop please complete the following:

Requested date for workshop: ____/____/____ Time: ____:____ AM or PM (circle one)
(Month/Day/Year)

Alternate date for workshop: ____/____/____ Time: ____:____ AM or PM (circle one)
(Month/Day/Year)

If no preference on date, which day of the week works best for your schedule (check all that apply):

Monday ____ Tuesday ____ Wednesday ____ Thursday ____ Friday ____ Saturday ____

If no preference on time, which timeslot works best for your schedule (check all that apply):

Morning (10am-12pm) ____ Afternoon (1pm-3pm) ____ Afternoon (4pm-6pm) ____ Evening (7pm-9pm) ____

Will others be joining you if this workshop is scheduled? YES or NO (circle one) If YES, how many: _____

List the contact information on the next page for the other people who will be attending (confirmed participants only).

Desired intention for meditation tool: _____
(Career, Health, Prosperity, Spiritual Growth, Religious Prayer, Relationships, Psychic Ability, etc.)

Favorite semi-precious gemstone(s): _____
(May or may not be incorporated into your tool based on your intended goals).

Metal preference (check one): Sterling Silver ____ Silver-toned ____ Pewter ____ Gold-toned ____ No Metal ____

Other preferences (wood, seed, crystal, glass, etc.): _____

Spiritual preference (used only for course material preparation): _____
(Meditation only, Christian, Buddhist, Pagan, etc.)

List anything specific to your needs here: _____

Confirmation (WSB only): RSVP ____ Goals/Preferences ____ Kit Prepared ____ Pymt: Deposit ____ Balance ____ In Full ____

Additional participants for workshop requested by _____:

Last Name: _____ First Name: _____

Mailing Address: Street: _____ Apt # or PO Box _____

1 City: _____ State: _____ Zip Code: _____

Message Phone: (____) ____ - _____ Alternate Phone: (____) ____ - _____ Best time to call: _____

Email Address (optional) _____

To be completed by WSB only:

Recommended by requestor ____ *Requested attendance at requestor's workshop* ____ *Requested different workshop* ____

Confirmation: RSVP ____ *Goals/Preferences* ____ *Kit Prepared* ____ *PAYMENT: Deposit* ____ *Balance* ____ *In Full* ____

Last Name: _____ First Name: _____

Mailing Address: Street: _____ Apt # or PO Box _____

2 City: _____ State: _____ Zip Code: _____

Message Phone: (____) ____ - _____ Alternate Phone: (____) ____ - _____ Best time to call: _____

Email Address (optional) _____

To be completed by WSB only:

Recommended by requestor ____ *Requested attendance at requestor's workshop* ____ *Requested different workshop* ____

Confirmation: RSVP ____ *Goals/Preferences* ____ *Kit Prepared* ____ *PAYMENT: Deposit* ____ *Balance* ____ *In Full* ____

Last Name: _____ First Name: _____

Mailing Address: Street: _____ Apt # or PO Box _____

3 City: _____ State: _____ Zip Code: _____

Message Phone: (____) ____ - _____ Alternate Phone: (____) ____ - _____ Best time to call: _____

Email Address (optional) _____

To be completed by WSB only:

Recommended by requestor ____ *Requested attendance at requestor's workshop* ____ *Requested different workshop* ____

Confirmation: RSVP ____ *Goals/Preferences* ____ *Kit Prepared* ____ *PAYMENT: Deposit* ____ *Balance* ____ *In Full* ____

Last Name: _____ First Name: _____

Mailing Address: Street: _____ Apt # or PO Box _____

4 City: _____ State: _____ Zip Code: _____

Message Phone: (____) ____ - _____ Alternate Phone: (____) ____ - _____ Best time to call: _____

Email Address (optional) _____

To be completed by WSB only:

Recommended by requestor ____ *Requested attendance at requestor's workshop* ____ *Requested different workshop* ____

Confirmation: RSVP ____ *Goals/Preferences* ____ *Kit Prepared* ____ *PAYMENT: Deposit* ____ *Balance* ____ *In Full* ____

NOTES:

About Wandering Spirit Beads

Wandering Spirit Beads is a part of Star Dancing Enchantments, owned by J.D. Hanning (“Hannah”), author of the exciting new fantasy series, *The Traveler’s Saga*, and artistic designer of meditation/prayer beads. Originally from Texas, Hannah was drawn to the natural beauty of the Pacific Northwest and has made the Puget Sound area her home since 1996. She has been living in Port Orchard, WA, since 2008.

Although *The Traveler’s Saga* marks Hannah’s professional authoring debut, she has been writing short stories and poetry for many years. This series of fantasy novels is the result of a dream journal that Hannah started after having several extremely vivid dreams and experiencing some rather interesting guided meditations. Fascinated with the notion of time travel, her novels explore some intriguing and controversial concepts about time and the universe.

Loosely based on Celtic mythology, *The Traveler’s Saga* is a fateful tale of prophecy and legends that spans the course of about twenty years during the first three books. The characters embark on a journey of discovery, endurance, courage, spirit, and determination that takes readers beyond the reaches of distant shores to other worlds and other cultures. Despite the odds, their dedication to their beliefs, traditions, families and communities endures. During their journey, they discover the shocking truth about their own history as they defend their way of life and fight for their freedom. Breaking the curse of the former Cú-Raeth queen is just the beginning.

Hannah strives to create strong female characters in her stories, like Brianna Moonspirit and Aunika Stardancing. Her mission is to inspire people, specifically women, to believe in themselves, and to believe that everyone is empowered to live a fulfilling life.

Meditation and Prayer Beads:

Hannah has been handcrafting jewelry using semi-precious gemstones for nearly a decade. Inspired by the fact that some of the characters in *The Traveler’s Saga* use prayer beads, she shifted her focus in 2009 from making jewelry to creating meditation and prayer beads. Her designs are currently available at Spirit Wind West in beautiful downtown Port Orchard.

In her workshops, Hannah teaches others how to make their own meditation and prayer beads. She helps participants choose the appropriate stones/beads for the intention of the meditations based on the healing and metaphysical properties of the stones. Once a design is selected, she demonstrates how to string the beads, and the participants complete their beads in sacred space. She also offers a guided meditation afterward so everyone can practice using their new beads right away. Inquire at Spirit Wind West for more information about workshops, or check Hannah’s website.

For more information about meditation/prayer beads and *The Traveler’s Saga*, visit the website: www.stardancing.net.



Other links:

Star Dancing Enchantments
P.O. Box 618
Port Orchard, WA 98366-0186
www.stardancing.net

www.myspace.com/JDHanning
www.authorsden.com/JDHanning
www.lulu.com/stardancing
<http://www.amazon.com/Shopkeeper-Traveler-J-D-Hanning>