

# *Wandering Spirit Beads*

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## **Gemstones – Metaphysical and Healing Properties**

The following gemstones are favored in Wandering Spirit Beads meditation/prayer bead designs and are typically stocked in inventory; however, certain beads may be unavailable at the time of a workshop. To check availability of a particular gemstone bead, send an email to [wanderingspirit@stardancing.net](mailto:wanderingspirit@stardancing.net).

Use this list of gemstone properties as a guide when selecting which beads to use in the composition of meditation/prayer beads, depending on the desired use and personal goals.

Please keep in mind that the energy of the gemstones is not intended to replace the advice or help of a licensed medical practitioner. For health issues, please consult a doctor.

### **Agate (General, All Types)**

Protection, grounding, courage, strength, emotional healing, and harmony. Dispels fears and increases self-confidence. Stimulates intellect and enhances creativity. Assists with issues regarding teeth and gums.

### **Agate, Botswana**

“Change Stone.” Assists in making transitions less painful. Promotes focus on a solution rather than dwelling on the problem, by increasing creativity and intuition. Helps one achieve and cope with success. Relieves grief and depression.

### **Agate, Flower**

Protection, Strength, Harmony.

### **Agate, Moss**

“Gardener’s Stone.” Abundance, success, prosperity, self-confidence, self-esteem, and protection. Associated with the heart chakra.

### **Agate, Tree**

Introspection and self-discovery. Broadens perspective of the world. Relieves tension. Promotes bountiful crops.

### **Amber**

Patience, protection, psychic shielding, romantic love, sensuality, purification, balance, past life work, healing and calmness. Manifests desires. Enhances clear thinking. Associated with the solar plexus and often the sacral chakra. (*Special order item only.*)

### **Amethyst**

“Sobriety Stone.” Assists in healing compulsive behaviors and addictions. Stability, peace, calm, balance, courage and inner strength. Protection against psychic attacks. Opens spiritual communication, telepathy, and other psychic abilities. Excellent for meditation, past life and dream work. Eases grief and promotes happiness. Beneficial in legal and financial issues, leading to prosperity and abundance. Associated with the crown chakra. (*Special order item only.*)

### **Aventurine, Green**

Creativity, imagination, mental clarity, prosperity, career success, balance, inner strength, and friendship. Reveals alternatives and potential. Associated with the heart chakra.

### **Aventurine, Yellow**

Prosperity, communication, self-expression, happiness, and optimism. Energetically warm to the touch.

### **Calcite, Red or Orange**

Rejuvenation, strength, protection, love. Releases negative energy. Centers and grounds energy. Reduces stress and soothes imbalances. Associated with the astrological sign of Gemini. Vibrates to the number 5.

**Carnelian**

“Actor’s Stone.” Creativity, manifestation, motivation, passion, individuality, courage, confidence, strength, and protection. Focuses desire with purpose. Helps find the right mate. Improves memory, including past life memories. Relieves anger, jealousy, fear and sorrow. Associated with the root and sacral chakras.

**Citrine**

Problem-solving, abundance, confidence, self-esteem, optimism, and releasing the past. Dissolves negative energy. (*Special order item only.*)

**Garnet**

Romantic love, passion, sensuality, sexuality, and intimacy. Manifestation, career success, self-confidence, protection, spiritual healing. Associated with the root chakra.

**Howlite**

Creativity, self-awareness, astral journeying, past life work, spiritual communication, clear emotional expression, tact, decency, and character-building.

**Jasper (General, All Types)**

“Nurturing Stone.” Relaxation, tranquility, comfort, healing, protection, and astral travel.

**Jasper, Autumn**

Relaxation and tranquility.

**Jasper, Brecciated (aka Poppy Jasper)**

Organizational abilities, protection, happiness, optimism, grounding, relaxation, balance, sense of wholeness, and chakra alignment. Attunement and communication with animals. Associated with the root chakra.

**Jasper, Fancy**

A projection stone. Communication, protection, and well-being. Releases obsession and brings extreme male energies into balance. Associated with the element of air and the planet Mercury.

**Jasper, Picture**

Harmony, proportion, creative visualization, positive business pursuits, emotional and psychological healing. Reveals the big picture, showing hidden messages from the past or buried thoughts, fear, and hopes.

**Jasper, Leopard Skin**

“Stone of Shamanic Journeying.” Creative visualization, protection during shamanic journeying, discovery and connection with animal totems or power animals. Associated primarily with the root chakra.

**Jasper, Ocean**

Emotional healing, peace of mind, self love, patience, connection with nature and cyclical patterns, meditation, “evil eye” protection, and acceptance of responsibility.

**Jasper, Red**

“Stone of Fairness and Justice.” Integrity, stability, survival, protection, passion, balance, mystical dream work, and dream recall. Enhances responsibility, choice, and compassion. Associated with the first and second chakras.

**Jasper, Yellow**

“Supreme Nurturer.” Grounding, chakra alignment, aura stabilizing, cleansing, travel protection, and safety in astral travels. Wards off negativity and dysfunctional energy.

**Jet**

“Black Amber.” Sympathy, psychic experiences, tranquility, and healing of grief. Powerful protection. Wards off evil, negativity, and psychic attacks. Protects finances.

**Kyanite**

Channeling, instant meditation, altered states, vivid dreams, dream recall, and visualizations. Offers protection during these states of being. Chakra balancing and alignment, removal of energy blockages. Green kyanite balances the heart chakra. Blue kyanite is associated with the throat chakra and boosts meditation. (*Special order item only.*)

**Labradorite**

“Stone of Transformation.” Clarity, success, dream recall, intuition, psychic development, arcane wisdom, subconscious issues, insight into destiny, and stress reducing. Clears, balances, and protects the aura. (*Special order item only.*)

**Lapis Lazuli**

Honesty, openness, strength, organization, intuition, creativity, manifestation, self-confidence, awareness, spiritual connection and evolution, contacting guardian spirits, spiritual love, fidelity, and communication. Offers protection against physical and psychic attacks.

**Malachite**

“Transformation Stone.” Change and spiritual evolution, good fortune, prosperity, abundance, and emotional stability. Very protective, especially from evil, while flying, during other travel, during childbirth. Counteracts self-destructive romantic tendencies. Balances pure love and well-being. Clears, activates, and balances all chakras, particularly the heart chakra. Associated with the astrological signs of Capricorn and Scorpio. Vibrates to the number 9. (*Special order item only.*)

**Moonstone**

“Traveler’s Stone.” Reflection, tranquility, creativity, intuition, psychic perception, wishes, purity, sincerity, and truth. Feminine wisdom, goddess energy of the waxing and full moon. A talisman of good fortune and a favorite among witches. Protection, especially during childbirth, pregnancy, and travel at sea. Associated with the heart chakra. Astrological sign of Cancer, Libra and Scorpio. Vibrates to the number 4. (*Special order item only.*)

**Obsidian, Snowflake**

Serenity, purity, shielding, centering, banishing grief, sound decision-making, happiness, and good fortune. Gently brings things to the surface, aids in seeing and recreating patterns, and provides balance during times of change. Vibrates to the number 8.

**Onyx, Black**

Grounding, stamina, self-control, protection, controlling or eliminating excess or unwanted energy, conservation of personal energy. Associated with the root chakra.

**Quartz, Rose**

“Love Stone.” Unconditional and universal love (self-love, family love, platonic love, and romantic love), gentleness, forgiveness, compassion, kindness and tolerance. Offers protection during pregnancy and childbirth, and is helpful in weight loss. Associated with the heart chakra.

**Quartz, Rutilated**

Spiritual growth, transitions, regeneration, shielding, mental and physical stability, self-reliance, and courage. Associated with the solar plexus chakra. Vibrates to the number 6, in regards to service, devotion, appreciation of beauty, truthfulness, and social awareness.

**Quartz, Strawberry**

Guidance, love, emotional strength, tranquility, connection with the universe, stimulates astral body and psychic systems. Vibrates to the number 1. (*Special order item only.*)

**Rhodochrosite**

Love, relationships, peace, tranquility, soul mate attraction, and connection with twin soul during meditation. Balances and aligns physical, emotional, and spiritual bodies. Vibrates to the number 4. (*Special order item only.*)

**Serpentine**

Emotional cleansing, psychic powers, meditation, love, money, protection against snakebites. Associated primarily with the heart chakra.

**Silver**

Mirror for the soul, improves eloquent speech. Strengthens the connection between astral and physical bodies, and enhances intuitive and psychic energies. Attracts, enhances and stores the energies of gemstones. Related to the moon and moon energies.

**Sodalite**

Stone of truth, logic, rationality, intelligence, learning, honest communication, and efficiency. It unites the logical with the spiritual. Associated with the throat and brow chakras.

**Sunstone**

Focus, power, leadership, independence, originality, good fortune, inner peace and strength, anti-depressant, stimulates self-healing powers. Disperses fear and stress and increases vitality. Vibrates to the number 1. Associated with the astrological signs of Libra and Leo. (*Special order item only.*)

**Unakite**

Gardening; protection; healing of abandonment and separation issues; unconditional love of humanity, connection and reunion. Gentle, but powerful energy. Assists in finding one's animal guide. Helpful for pregnancy and childbirth.

**Tiger's Eye, Golden**

Protection, grounding, integrity, willpower, practicality, good fortune, and prosperity. Helps to see clearly without illusion. Boosts the solar plexus chakra and personal power.

**Tigers Eye, Red**

Integrity, grounding, practicality, and willpower. Helps with the correct use of power for survival in difficult times.

**Properties of Other Beads**

Some of the prayer bead designs include other types of beads. It is important to understand the symbolism behind these items to properly use them in conjunction with the gemstone properties and particular goals or intentions. To check availability of a particular bead, send an email to [wanderingspirit@stardancing.net](mailto:wanderingspirit@stardancing.net).

**Ceramic Beads** – Creativity and inspiration.

Much like how the Earth was formed, ceramic beads are created by the action of heat and subsequent cooling. The ceramic beads resonate with the energy of creation and the desire to be creative. Each bead begins as a blank canvas and ends as a masterpiece of unique design.

**Wooden Beads** – Growth, strength, flexibility, and new beginnings.

Wood Energy represents growth, development, and planning; Wood as an element is considered important because it is both strong and bendable it symbolizes anger as well as depression. It's said to come from the eastern direction. Wood regenerates each spring when the trees and plants send out new growth. It's associated with blue-green color spectrum and the columnar shape.

Wood is also associated with beginning of new life. Think of the plants and trees that have vibrant green shoots and buds at the beginning of their new cycle. The earth is literally waking up. Living plants and trees are wonderful examples of wood Chi. Obviously, they are made from wood, but they also are alive. Their life force adds to any other force in the room, including your own. Large and small plants also absorb Chi and help to redirect it.

**Bone Beads** – Foundation and strength. Mental and physical energy, and past life regressions.

Bone increases mental and physical energy. It is particularly useful in solving depression, calming fears, and helps wearer to find their true, real love. Calms anxiety and basic fears about survival. Can also be used for past life regressions, because of its inherent link with the past. Is thought to be helpful with the physical healing of paralysis, and hearing. Aids memory and physical energy.

## Symbolism of Other Components

Some of the prayer bead designs incorporate charms or pendants. It is important to understand the symbolism behind these items to properly use them in conjunction with the gemstone properties and particular goals or intentions. Please note that the items pictured below are for reference purposes only. The designs on actual charms or pendants will vary. To check availability of a particular pendant or accent bead design, send an email to [wanderingspirit@stardancing.net](mailto:wanderingspirit@stardancing.net).



### **The Spiral**

One of the most ancient symbols, the spiral represents balance, progress, direction, initiation, centering, expanding, awareness, connection, journeying, and development.



### **The Circle**

The circle represents infinity, unity, wholeness, cycles, initiation, perfection, focus, protection, and the womb.



### **The Celtic Dara Knot**

Also referred to as endless knots because they have no beginning and no ending, which reminds us of the timeless nature of our spirits. Can represent longevity, eternity, or an uninterrupted life cycle. “Dara” from “doire” meaning “oak tree” (Irish), represents the intricate root system of the sacred oak, which in turn represents power, destiny, wisdom, strength, endurance, and leadership.



### **The Triquetra (or Trinity Knot)**

Like the Triskele, this Celtic symbol has a myriad of threefold meanings. The Triquetra is often encircled, signifying the infinite and eternity. The circle itself, when drawn around another symbol, represents protection and an unbreakable spiritual unity with the divine.



### **Triskele (or Triskelion)**

Ancient Celtic symbol representing motion (actions, cycles, progress, revolution) and varying threefold significance, including: Maiden, Mother and Crone; Spirit, Mind and Body; Past, Present and Future; Birth, Death and Rebirth; Father, Son and Holy Ghost. It may also represent the three Celtic Worlds: the Otherworld, the Mortal World, and the Celestial World. The sum of this symbol represents personal growth, human development, and spiritual expansion.



### **The Celtic Tree of Life**

The branches reach high into the sky and the roots dig deep into the earth, symbolizing the interwoven cosmos where all things are connected. The ancient Celts believed that trees were sacred and were a great source of wisdom, bridging the upper and lower worlds, and revealing divine messages. The most sacred was the oak tree, which was believed to be the passageway to the Otherworld. The Tree of Life represents wisdom, spirituality, creativity, balance, abundance, connection, and seasonal cycles.

## **Moon**

The moon is associated with transitions, stages and development, the feminine wisdom or goddess energy of the waxing and full moon. It represents reflection, tranquility, creativity, intuition, psychic perception, wishes, purity, sincerity, and truth.

## **Stars**

Stars are often associated with guidance, as in celestial maps, guiding lights, the northern star, etc. They represent hopes and dreams, wishes, and connection with the divine for the attainment of a higher level of consciousness. The five points of the star symbolize a unity of earth, air, fire, water, and spirit.

## **Sun**

An emblem of glory and brilliance, the sun is a symbol of authority. It represents happiness, life, strength, energy, cosmic power, clarity, self, and spirituality. As the rising sun, it represents hope and optimism.

## **Animal Totems**

The Celtic style open prayer beads typically display a pendant drop on one of the ends and a three-string tassel on the other. Some of the options for pendants include animal totems. Below are some of the typical symbols incorporated into the designs. To check availability of a particular pendant design, send an email to [wanderingspirit@stardancing.net](mailto:wanderingspirit@stardancing.net).

### **Bear**

Although the bear was native to the Isles, it is now extinct there. Evidence of its being a totem animal is found in many Celtic designs; although it's not mentioned in legends. The bear was noted for its strength and stamina. It can help you find balance and harmony in your life, and the strength to do what is necessary.

### **Crane**

The crane, with its colors of black, white, and red, is a moon bird, sacred to the triple goddess, magic, shamanic travel, learning and keeping secrets, reaching deeper mysteries and truths.

### **Crow**

Along with the raven, the crow is a symbol of conflict and death. Although the crow is ill-omened, it's also considered to be skillful, cunning, single-minded, and a bringer of knowledge. It's of value when trickery is needed. It also teaches you to learn from the past, but not hold onto it.

### **Butterfly**

Many cultures believe that butterflies are the souls of the dead and the keepers of power. Butterflies represent transition and encourages freedom from self-imposed restrictions.

### **Dragon**

One of the most powerful totems, the dragon is the ultimate ruler of the elements, representing primordial power. They serve as guardians and guides, bringing strength, courage, and fortitude. They are messengers of balance and magic.

### **Eagle**

A bird noted for wisdom and long life in Celtic stories, the eagle represents swiftness, strength, keen sight, and the knowledge of magic. Eagles help to uncover hidden spiritual truths.

### **Owl**

Most often associated with the Crone aspect of the Goddess, the owl represents wisdom. As a swift and silent hunter, the owl helps pull the mask off those who would deceive you.

### **Raven**

An important totem animal of the Celts, the raven was associated with battlefields and goddesses such as the Morrigan. Connected to Bran the Blessed (in Welsh *bran* means "raven"), the raven is an oracular bird, often representing the traumatic events necessary for something new to be created.

### **Turtle**

The turtle is a slow-moving, methodical creature, carrying its protection constantly with it. It teaches grounding and the wisdom of flowing with the cycles of life.

### **Wolf**

Cunning and intelligent, capable of out-thinking hunters, the wolf teaches how to read the signs of nature, invisibly avert danger, outwit those who wish you harm, and fight when necessary.